**The Active Travel Survey**

**School:** ………………………….… **Form Group:** …………

**1, How do you usually travel to school? (Tick one box)**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **WALK** | **CYCLE** | **SCOOTER** | **BUS** | **CAR** | **TRAIN / TUBE** | **PARK & STRIDE** |
|  |  |  |  |  |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **QUESTION** | **NEVER** | **RARELY** | **SOMETIMES** | **OFTEN** | **ALWAYS** |
| 2, For **short journeys**, I chose to walk rather than take the bus. |  |  |  |  |  |
| 3, How often do you **cycle** to school? |  |  |  |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **QUESTION** | **STRONGLY DISAGREE** | **DISAGREE** | **DON’T KNOW** | **AGREE** | **STRONGLY****AGREE** |
| 4, Walking to school is a great way to **socialise** |  |  |  |  |  |
| 5, Walking or cycling to school can increase your **fitness level** |  |  |  |  |  |
| 6, My travel choice affects the **environment** |  |  |  |  |  |

**Please turn over >**

|  |  |
| --- | --- |
| **QUESTION**  | **Please circle** |
| 7, I have **completed** level 2 Bikeablity cycle training | YES | NO |
| 8, I know **safe cycle routes** to get to school by bike | YES | NO |

|  |  |
| --- | --- |
| **QUESTION**  | **Please circle** |
| 9, I feel confident making a journey **on the road** by bike | NOT AT ALL | FAIRLY | EXTREMELY |

**10, My barriers to cycling to school are: (You can tick more than one box)**

|  |  |
| --- | --- |
| I don’t have a bike |  |
| Parents / guardians won’t let me |  |
| I can’t ride a bike |  |
| The roads are scary / unsafe |  |
| Weather |  |
| Peer pressure / worry what people might think |  |
| Lack of bike parking |  |
| Security |  |

**11, I would walk or cycle more if: (You can tick more than one box)**

|  |  |
| --- | --- |
| I was rewarded for travelling this way |  |
| My friends did it too |  |
| I completed my Bikeability cycle training |  |
| There were walking and cycling activities to do at school |  |
| The school had a bike loan scheme  |  |
| There was secure cycle parking |  |

**Thank you for helping with our research!**