

Tour of Britain cycling through Bucks

This year the Tour of Britain is travelling through Buckinghamshire! It is set to come through the county on **Friday 12th September**. This is a fantastic opportunity to encourage children to be enthusiastic about cycling and follow in the footsteps of great British cyclists like Sir Bradley Wiggins!



Why not organise activities to raise awareness of this exciting event, and to increase cycling to school and for leisure, Here's a few ideas:

2 Wheels, 2 Day

- Invite each year group to cycle or scoot to school on a specific day, give them the opportunity to cycle and scoot around the playground - always great fun!

Wheels Week

- Promote cycling to school during the week of the Tour. You could calculate the total distance travelled and show it on a map of the Bucks section of the route, to see how far the whole school could cycle, collectively.

Bling your Bike

- Ask children to bring their decorated bikes to school, offer a small prize for the best.

Bikers Breakfast

- Offer the children and adults a healthy breakfast when they cycle to school.

Cycle Training

- Why not organise your Bikeability or Biking Basics training during the week of the Tour or in the weeks following while the children are still excited by the event? For information on Bikeability funding and a list of tutors, please go to [the school travel planning website](#).

Playground skills session during PE

- You could adapt the Biking Basics lesson plans to offer a cycling related PE lesson.

Time Trials

- Or run a time trials session to see who is the fastest at different cycling skills.

Promote local cycling clubs

- To find out more [visit the Leap website](#).

Watch the event live!

- The Bucks stage of the Tour will take place during the afternoon and will be televised. You could gather all the children to watch the event on a big screen in the school hall.



Although national bike to school week is over, ideas and further information can be found on [the Sustrans website](#). The Tour of Britain website is the place where you will find up to date information about the event and the route the cyclists will take. Please visit their website www.tourofbritain.co.uk