

Linking your STP with Healthy Schools

Healthy Schools and School Travel Plans both take a whole community approach to promoting a healthy lifestyle, bringing together teachers, parents, governors and many more parties. So, if you are working on developing your travel plan (or already have an active plan in place)



then you are already contributing to meeting criteria across the themes of the Healthy Schools programme!

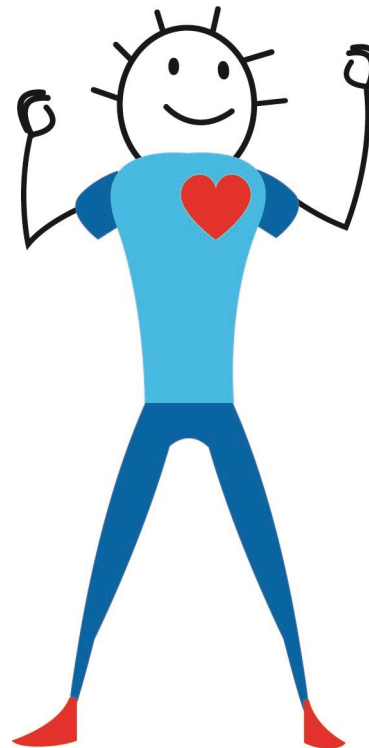
If you are interested in exploring the links between having a School Travel Plan and the Healthy Schools programme, please see the website www.healthyschools.gov.uk

Contacts:

To find out more about School Travel Planning please contact your School Travel Advisor:

schooltravelplanning@buckscc.gov.uk

www.schooltravelplanning.com



School Travel Planning

Linking your School Travel Plan with Healthy Schools



Healthy Schools
BUCKINGHAMSHIRE

Website: www.buckscc.gov.uk/travelchoice
Email: schooltravelplanning@buckscc.gov.uk

What is a School Travel Plan

The main aim of a School Travel Plan (STP) is to reduce single occupancy car use on the school run through promoting and encouraging sustainable travel.

STP work also encourages and facilitates safety on the journey to school, mainly through educating and training pupils and parents.

A STP is a document written by the school which:

- Discovers actual and preferred mode of travel to school;
- Identifies issues in terms of why people do not travel to school sustainably;
- Sets future targets for what the school would like to achieve (for example to increase walking);



Lays out a plan of action for the tasks that the school will carry out in order to achieve their targets

Initiatives

Transport for Buckinghamshire offer a range of Initiatives to encourage parents and children to think about traveling sustainably to school.

Junior Road Safety Officer
Road safety 'champions' within primary schools



Safe Drive Stay Alive
Road safety play aimed at sixth formers



Footsteps
Pedestrian skills training - primarily aimed at KS1



Walking Crocodile
A walking bus of pupils and parents



Scooter Skills
Scooter training resources



Go for Gold
Incentive scheme to encourage sustainable travel



Transition
Aimed at year 6 and 7 - those moving up to secondary school



Travel Choice Reps
Road Safety 'Champions at' secondary schools



Park and Walk
Driving part the way and parking and walking from a location away from school



Cycle training
Biking Basics & Bikeability

What is Healthy Schools?

Healthy Schools is an initiative that promotes the link between good health, behaviour and achievement.

Healthy Schools is a School Improvement Tool which supports ongoing development in a school.

The National Healthy Schools Programme ensures a range of outcomes in respect of improvement in health and reduced health inequalities; raised pupil achievement; greater social inclusion and increased working between health promotion providers and education establishments.

There are direct links between the criteria for the National Healthy School Status and the five Every Child Matters outcomes. Schools achieving National Healthy School Status can demonstrate how they are working to the five outcomes. The five ECM outcomes are:

- Be healthy
- Stay safe
- Enjoy and achieve through learning
- Make a positive contribution to society
- Achieve economic well-being

The core themes of Healthy Schools include PSHE, healthy eating, physical activity and emotional health and well-being.

TRANSPORT FOR BUCKINGHAMSHIRE

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