



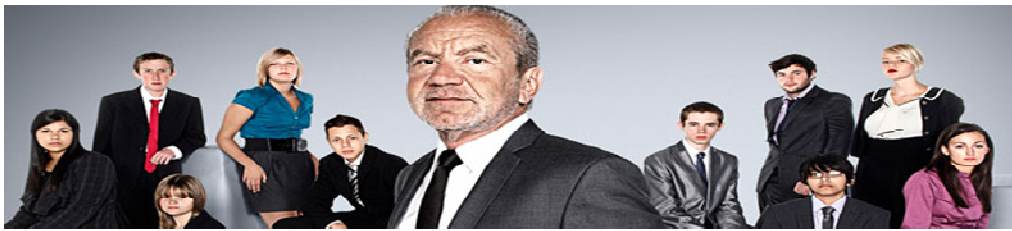
Are You Ready for Your Journey to Chesham Grammar School ?



We look forward to welcoming you in September to Chesham Grammar School and we are sure you will enjoy your time at CGS. Part of the working day is the journey to and from school.

Did you know....?

- **Walking to and from school consumes many more calories than two hours of PE for children aged 12-13.**
- **Children who walk to activities tend to be more active when they arrive than those who travelled by car.**
- **An increase in physical activity of 15 minutes a day can reduce the likelihood of obesity in young people by nearly 50%**



To test your suitability as a young apprentice for the journey, you have 2 minutes to answer these questions!

1. Can I walk or go by bus instead of driving?
2. Can I meet up in town and walk with a friend ?
3. How long does it take to walk up to CGS from Chesham Town Centre?
4. Can I be collected from a point further away from the school to decrease congestion and decrease inconvenience to neighbouring residents?
5. Where could I be picked up/dropped off?
6. Which areas should I avoid when being collected by car from school?
7. Can I get off the bus a stop early and walk?
8. Can I car share?

Please think!



ARE YOU READY FOR YOUR FIRST DAY AT GRAMMAR

Answers:

1. YES!
2. YES!
3. 10 minutes
4. YES!
5. Star Yard Car Park in Chesham Town Centre/Botley Playing Fields' Car Park
6. Avoid Cheyne Walk to prevent blocking emergency vehicles down narrow road. Avoid anywhere too near Codmore Cross roundabout or any junction. Avoid blocking any driveway or access or footpath. Avoid bus stops. Do not park on pavements
7. Yes!
8. Yes!



Young Apprentice, You're Hired!

In February 2010 our Travel Plan was approved. The School Travel Plan Working Group works in close collaboration with Buckinghamshire County Council Travel Planning, Thames Valley Police, Residents, Local Councillors and Parents, CGS Staff and Sixth Form Travel Representatives. The Group meets 4 times a year to increase numbers walking or taking the bus to school. We plan an annual walk to school week and carry out on-going surveys and questionnaires and assemblies in our quest to promote safer and healthier journeys to school and reduce impact on school neighbours.

If you have any queries or would like to contribute to the project, please contact Dr. Bygate, Community Development Manager on Siobhan.Bygate@cheshamgrammar.bucks.sch.uk

Year 7 and Staff Winner of Walk to School iPod 2010

