

Be Bright Be Seen

We know that walking to school is good for the environment because it doesn't cause pollution, but at this time of year it can be dark when we walk or cycle home from school, or in our free time.

When walking or cycling to and from school, it's important that drivers can see us so that we are as safe as possible. A reflective or fluorescent tabard is the easiest way to be safe and seen when walking to or from school.

If you don't want to wear a tabard, something as simple as a reflective armband or 'slapwrap' is good enough and will mean that car lights will bounce off the band so that you are noticed, especially in the dark when fluorescent clothing doesn't work.

Reflective tape can also be put on clothing, school bags and equipment.

It is against the law to cycle at night without a white front light, a red back light and a red reflector at the back, so make sure your bike is properly equipped and working.

Cross the road at the safest place possible, for example, zebra, pelican, puffin or patrolled crossing, and if you are out at night, choose routes that are well-lit by streetlights and cross at well-lit places.



Be Bright, Be Seen, Be Safe!